**Birth Doulas**

Visit [utahdoulas.org](http://utahdoulas.org/) and search for a list of doulas in your area!!

Visit [dona.org](http://dona.org/) to search for doulas in your area!

 i. Kristy Huber, ICCE

 [www.khdoula.com](http://www.khdoula.com/)

 801-638-3189

 ii. Tiffany Hickenlooper

 [www.utahbirthdoula.com](http://www.utahbirthdoula.com/)

 iii. Robynne  Carter

 801-550-6088

iv. Andrea Lythgoe

801-523-8344

www.pamperedbirth.com

v. Jennifer Sorensen Whitaker

 801-428-7296

 [www.utahbirthsupport.com](http://www.utahbirthsupport.com/)

vi. Rebecca Overson and the doulas at Salt Lake Prenatal Massage

 801-706-7680

 [www.slcprenatalmassage.com](http://www.slcprenatalmassage.com)

vii. Terra Maynes

 801-577-1895

 [www.facebook.com/terraviepersonaldoula](http://www.facebook.com/terraviepersonaldoula)

viii. Carolyn Stevens (also massage therapist)

 435-655-1703

Carolyn.Stevens@bastyr.edu

 ix. Robin Taylor (also a nurse)

 801-870-9985

ix. Many, many more- visit the above websites or ask for help in finding a doula!

**Placenta Encapsulation** (most of these women are also Doulas!)

 i. Kathy Reid, CPES, LMT

 970-623-1297

[placentabenefits.info/KathyReid.asp](http://placentabenefits.info/KathyReid.asp)

ii. Tiffany Hickenlooper

 801-347-1692

iii. Julia Farrell

 801-661-6683

 Julia@Juliasbirthservices.com

iv. Laura Curtis

 801-358-1448

 lauralyn@hypnobirthingutah.com

 [www.placentawise.com](http://www.placentawise.com/)

v. Debbie Gordon (also doula, lactation consultant, hypnobabies)

 801-913-2633

 debbie@nurturinginstincts.com

 [www.NurturingInstincts.com](http://www.nurturinginstincts.com/)

vi. Alexis Schlaikjer

 801-814-3879 babies.bellies.birth@gmail.com [www.BabiesBelliesBirth.com](http://www.babiesbelliesbirth.com/)

vii. Julia Farrell

 801-661-6683 Julia@thenuturingtree.com [www.thenuturingtree.com](http://www.thenuturingtree.com/) ……and more- ask if you need more info