**Birth Doulas**

Visit [utahdoulas.org](http://utahdoulas.org/) and search for a list of doulas in your area!!

Visit [dona.org](http://dona.org/) to search for doulas in your area!

i. Kristy Huber, ICCE

[www.khdoula.com](http://www.khdoula.com/)

801-638-3189

ii. Tiffany Hickenlooper

[www.utahbirthdoula.com](http://www.utahbirthdoula.com/)

iii. Robynne  Carter

801-550-6088

iv. Andrea Lythgoe

801-523-8344

www.pamperedbirth.com

v. Jennifer Sorensen Whitaker

801-428-7296

[www.utahbirthsupport.com](http://www.utahbirthsupport.com/)

vi. Rebecca Overson and the doulas at Salt Lake Prenatal Massage

801-706-7680

[www.slcprenatalmassage.com](http://www.slcprenatalmassage.com)

vii. Terra Maynes

801-577-1895

[www.facebook.com/terraviepersonaldoula](http://www.facebook.com/terraviepersonaldoula)

viii. Carolyn Stevens (also massage therapist)

435-655-1703

[Carolyn.Stevens@bastyr.edu](mailto:Carolyn.Stevens@bastyr.edu)

ix. Robin Taylor (also a nurse)

801-870-9985

ix. Many, many more- visit the above websites or ask for help in finding a doula!

**Placenta Encapsulation** (most of these women are also Doulas!)

i. Kathy Reid, CPES, LMT

970-623-1297

[placentabenefits.info/KathyReid.asp](http://placentabenefits.info/KathyReid.asp)

ii. Tiffany Hickenlooper

801-347-1692

iii. Julia Farrell

801-661-6683

[Julia@Juliasbirthservices.com](mailto:Julia@Juliasbirthservices.com)

iv. Laura Curtis

801-358-1448

[lauralyn@hypnobirthingutah.com](mailto:lauralyn@hypnobirthingutah.com)

[www.placentawise.com](http://www.placentawise.com/)

v. Debbie Gordon (also doula, lactation consultant, hypnobabies)

801-913-2633

[debbie@nurturinginstincts.com](mailto:debbie@nurturinginstincts.com)

[www.NurturingInstincts.com](http://www.nurturinginstincts.com/)

vi. Alexis Schlaikjer

801-814-3879 [babies.bellies.birth@gmail.com](mailto:babies.bellies.birth@gmail.com) [www.BabiesBelliesBirth.com](http://www.babiesbelliesbirth.com/)

vii. Julia Farrell

801-661-6683 [Julia@thenuturingtree.com](mailto:Julia@thenuturingtree.com) [www.thenuturingtree.com](http://www.thenuturingtree.com/) ……and more- ask if you need more info